



Strengths & Safety: Experiential Techniques to Foster Healing

Wed., Jan. 13, 2016, 12-2pm

CCC Hayward
25400 Hesperian Blvd.
Hayward, CA 94545

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- Part of a new **Trauma Training Program**, 2nd Wednesdays, January to June, 2016.
- **FREE** for therapists, pastors, and others who minister to trauma survivors.
- **2 CEUs** available through the California Board of Behavioral Science (PCE 5880) for all LMFTs, LCSWs, LEPs and LPCCs, for a fee of \$20 (payable by cash or check to Christian Counseling Centers).

TO REGISTER: Visit www.christiancounseling.net or call Joy at (510) 999-6380

About the Workshop

Traumatic memories are stored in the body. Body-based, experiential interventions such as theater can help clients step into new roles and gain a visceral experience of the strengths that were lacking. This training will introduce you to experiential techniques from the Therapeutic Spiral Model, a clinical model of psychodrama designed for survivors of trauma.

About the Presenter

Joy Wong Liu, MFT (MFC# 53681), co-leads a drama therapy group for trauma survivors at CCC Hayward. Joy received her Master's Degree in Marriage and Family Therapy from Western Seminary and also holds a Bachelor's Degree in drama from Stanford University. Joy is currently pursuing International Certification in Trauma Therapy using the Therapeutic Spiral Model (TSM) and has received over 100 hours of post-graduate training in TSM from Sylvia Israel, MFT, TEP, RDT/BCT, and founder Kate Hudgins, Ph.D., TEP.